



## **NAMI - FAMILY TO FAMILY EDUCATION PROGRAM**

**FREE** for family members, partners, and  
significant others of individuals with:

**Major Depression**  
**Bipolar Disorder (Manic Depression)**  
**Schizophrenia and Schizoaffective Disorder**  
**Borderline Personality Disorder**  
**Panic Disorder and Obsessive Compulsive Disorder**  
**Co-occurring Brain Disorders and Addictive Disorders**

A series of 12 weekly classes structured to help caregivers understand and support individuals with serious mental illness while maintaining their own well-being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders. **There is no cost to participate in the NAMI Family-to-Family Education Program.** Over 150,000 people in the U.S., Canada, and Mexico have completed this course. We think you will be pleased by how much assistance the program offers. We invite you to call for more information.

**Classes Start: Tuesday, March 24, 2009**

Williams Street United Methodist Church  
28 W. Williams Street, Room 18  
Delaware, OH 43015  
6:30 p.m. – 9:00 p.m.

Co-facilitators: Becky Becker – (419) 253-1245  
Aimee McCann – (740) 363-1835

Registration required. Classes  
limited to 25 persons. Please

This NAMI Family-to-Family  
Program is sponsored by call to register.  
NAMI Ohio and funded by NAMI Delaware  
and Morrow Counties.