

Family Education and Support Services Program

- Education and support service for families with mental illness
- No cost for mental health services through the family education and support program.
- Referrals accepted from local mental health and community agencies, schools and support groups.

Our Mission



To provide education and support services to family members of mentally ill children and adults, giving families the resource and information they need to understand and effectively support each other and mentally ill family members.

Mental health support and education can be helpful if you:

- Have a family member who has been diagnosed with a mental health disorder.
- Are a parent with a mental illness and need help with parenting your children.

Our Program



The program is designed to educate and equip parents on how to deal with the challenges that mental illnesses can present when caring for a newly diagnosed child or adult. Participants will attend and engage in objective support groups, including parent and caregiver, and depression and bipolar.

General mental health education on the diagnoses, treatment and support of mental illnesses is also available. Referrals to the National Alliance on Mental Illness (NAMI) or other support initiatives as needed.

Our Commitment



- **Confidentiality:**
All services are confidential. However, HelpLine is a mandated reporter of abuse and neglect and will notify appropriate agencies in the case of a threat to yourself or others.
- **Voluntary Involvement:**
Participation in this program is voluntary; services are need-based.
- **Community Collaboration:**
HelpLine staff are available to work with other community services and partners who are already working with you to ensure continuity of care and services.
- **Caring and Respect:**
We believe in the value, dignity and diversity of all people. We are committed to the highest standards of quality, integrity, fairness and a non-judgmental approach.